



FOR ALL PRACTICE STAFF

# Weekly News

Thursday 26th August 2010

Fremantle  
GP Network

## KEMH 2010 GYNAECOLOGY REFRESHER FOR GENERAL PRACTITIONERS

As a continuation of their ongoing commitment to support GPs in their assessment and management of women with gynaecological problems, King Edward Memorial Hospital would like to invite you to attend their gynaecology refresher event

**Topics include:**

- Acute Pelvic Pain and Endometriosis
- The WA Cervical Cytology Registry: How it helps GPs
- Infertility
- Menstrual disorders (Including amenorrhoea, irregular periods and menorrhagia)

**See full details on flyer attached**

## BE THE FIRST TO KNOW! NPS RADAR

Independent, evidence-based assessment of new drugs, new PBS listings and the latest research for doctors, pharmacists and other health professionals.

The August 2010 edition of RADAR includes information on the following:

- Dipeptidyl peptidase-4 inhibitors ('gliptins') for type 2 diabetes mellitus
- Adrenaline autoinjector (Anapen) for acute allergic anaphylaxis
- Methoxyflurane (Penthrox) for analgesia (doctor's bag listing)
- Melatonin prolonged-release tablets (Circadin) for primary insomnia in older people

**See full details in flyer attached or visit [http://www.nps.org.au/health\\_professionals/publications/nps\\_radar](http://www.nps.org.au/health_professionals/publications/nps_radar)**

## GP LIAISON @ KALEEYA HOSPITAL

Would you like to be involved in enhancing shared care between general practice and the Kaleeya Hospital? Could you provide a GP perspective at the fortnightly obstetrics & gynaecology meetings? Are you interested in GP education? Discharge planning procedures?

Then we would love to hear from you!

The GP Liaison position is 3 hours per week and has project officer support from FGPN.

If you would like further information, please contact Trish Horgan FGPN Services Manager on 9319 0555 or email [trish.horgan@fremantlegpnetwork.com.au](mailto:trish.horgan@fremantlegpnetwork.com.au)

## 2010 INFECTION CONTROL EDUCATION SESSION FOR GENERAL PRACTICE STAFF

**Date:** Wednesday, 1st September

**Venue:** Training Room, 10 Silas Street, East Fremantle

**Time:** 10am - 3pm

**Topics:**

- Correct use of personal protective equipment
- Hand hygiene
- Clinical waste identification and management
- Managing sharps injuries
- Instrument processing and workflow

To register for this session, contact Margaret Jennings on 0404 088 754.

**FAXBACK TO 9339 8355**

FAXBACK

## FGPN UPCOMING EVENTS

### GP Advisory Group

**DATE:** Friday 10 September 2010

**TIME:** 1:00pm

**VENUE:** FGPN, 10 Silas Street, East Fremantle

This group is now an open forum for GPs to casually attend. To make sure our services are relevant for you & your patients we need your input! We would love to see you there. Six (6) places available; lunch provided.

**Topics:**

- Lifestyle modification & other programs – how can we improve participation and increase patient numbers?
- eHealth Education session in November – what should be on the agenda and who should come?

**YES**, I would like to attend

### Practice Nurse Immunisation Update

**DATE:** Tuesday 21st September 2010

**TIME:** 5.30 registration. Session 6-8pm

**VENUE:** Arts and Crafts Room, Melville Recreation Centre, Cnr Stock Rd and Canning Highway

**Topics:**

- Pre - vaccination screening
- Vaccine reactions

**YES**, I would like to attend

### Team Care Arrangements (TCA) and GP Management Plans Event For Practice Nurses and Staff

**DATE:** Tuesday 7th September 2010

**TIME:** 6-8pm (Light supper from 5:30)

**VENUE:** Exercise for Life, 89 Petra Street East Fremantle

**COST:** Free

**RSVP:** 1st September 2010

Would you like to improve your understanding of TCA's and GP Management Plans? Would you like to know how an Exercise Physiologist would treat a patient diagnosed with a Chronic Condition?

This is your opportunity to try the equipment, learn the exercises and improve your knowledge of TCA's, GP Management Plans, chronic disease management and the National Lifestyle Modification Program.

**YES**, I would like to attend

**RSVP now for the above workshops as spaces are limited! To register, fax back this form or call 9319 0555 for more information.**

**Please place practice stamp or name here for any of the above**

FOR FURTHER INFORMATION PLEASE CALL 9319 0555

## **WOMEN AND NEWBORN HEALTH SERVICE** **King Edward Memorial Hospital**

As a continuation of our ongoing commitment to support General Practitioners in their assessment and management of women with gynaecological problems, King Edward Memorial Hospital would like to invite you to attend the following education event:

### **2010** **GYNAECOLOGY REFRESHER FOR GENERAL PRACTITIONERS**

- DATE:** Saturday 13<sup>th</sup> November 2010
- TIME:** Refreshments from 1:00pm  
Education program 1:30 - 5:00 pm
- VENUE:** Agnes Walsh Lounge, KEMH  
374 Bagot Road, Subiaco
- PROGRAM:**
- |                |   |
|----------------|---|
| 1:00 - 1:30 pm | Registration and light lunch  |
| 1:30 - 2:00 pm | <b>Introduction &amp; KEMH Update</b><br>Dr Vicki Westoby, Liaison GP, KEMH<br>Dr Steve Harding, Medical Director, Gynaecology, KEMH<br>Dr John Overton, Head of Gynaecology Department, KEMH |
| 2:00 - 2:45 pm | <b>Acute Pelvic Pain and Endometriosis</b><br>Dr Mini Zachariah, Obstetrician & Gynaecologist   |
| 2:45 - 3:00 pm | <b>The WA Cervical Cytology Registry: How it helps GPs</b><br>Nerida Steel, A/Program Manager<br>Christine Fletcher, Laboratory Liaison Officer<br>WA Cervical Cancer Prevention Program      |
| 3:00 - 3:20 pm | Afternoon tea   |
| 3:20 - 4:05 pm | <b>Infertility:</b><br>Dr Lucy Williams, Gynaecologist & Medical Director of Concept  |
| 4:05 - 4:50 pm | <b>Menstrual disorders</b><br><b>(Including amenorrhoea, irregular periods and menorrhagia)</b><br>Dr Tamara Walters, Obstetrician & Gynaecologist  |
| 4:50 - 5:00 pm | Questions and Evaluation  |
- COST:** \$20 (GST inclusive) to be paid at the door on the day  
CASH/CHEQUE ONLY (Please bring correct money, No credit card facilities)
- RSVP:** Wendy Rutherford by Friday 5<sup>th</sup> November 2010  
[Wendy.Rutherford@health.wa.gov.au](mailto:Wendy.Rutherford@health.wa.gov.au)  
(08) 9340 1393

Places are limited

RACGP QA & CPD Activity Number 742114, Approved for 6 Category 2 points

## BE THE FIRST TO KNOW!

**NPS RADAR (Rational Assessment of Drugs and Research):** *independent, evidence-based assessment of new drugs, new PBS listings and the latest research for doctors, pharmacists and other health professionals*

The August 2010 edition of RADAR includes information on the following:

### **Dipeptidyl peptidase-4 inhibitors ('gliptins') for type 2 diabetes mellitus**

Vildagliptin (Galvus) is the second 'gliptin' to be added to the PBS. Like sitagliptin (Januvia), it can be prescribed with metformin or a sulfonylurea when a combination of these drugs is contraindicated or not tolerated. Both gliptins improve glycaemic control, but their effect on diabetes-related complications and mortality is not known.

### **Adrenaline autoinjector (Anapen) for acute allergic anaphylaxis**

Anapen is a new autoinjector for the emergency treatment of anaphylaxis. It has a substantially different administration technique to that of EpiPen.

### **Methoxyflurane (Penthrox) for analgesia (doctor's bag listing)**

Methoxyflurane provides rapid-acting short-term analgesia for use in initial management of acute trauma, via an inhaler device. To avoid renal toxicity, do not exceed maximum doses or use in people with renal impairment.

### **Melatonin prolonged-release tablets (Circadin) for primary insomnia in older people**

Prolonged-release melatonin may be used short-term for primary insomnia in people aged  $\geq 55$  years. It improves quality of sleep and morning alertness in about one-third of patients.

To read the full articles or to subscribe to RADAR, go to:

[http://www.nps.org.au/health\\_professionals/publications/nps\\_radar](http://www.nps.org.au/health_professionals/publications/nps_radar)