



Fremantle
GP Network

Weekly News

Thursday 15th April 2010

FOR FURTHER INFORMATION PLEASE CALL 9319 0555

Free in-language workshops to help Italian speaking seniors understand medicines issues

The National Prescribing Service, in partnership with the Federation of Ethnic Communities' Council of Australia (FECCA) have organised workshops to help seniors from Italian speaking backgrounds understand medicines use issues. The workshops, to be held at the Italo-Australian Welfare and Culture Centre, 209 Fitzgerald Street, Perth, cover two specific topics - Safe and wise use of medicines (Thursday 15 April) and Sleep and ageing (Wednesday 5 May).

Please feel free to promote these events by circulating the attached flyers to your patients from Italian-speaking backgrounds.

Keeping your warfarin patients out of hospital – have you considered a Home Medicines Review?

Results from a recent University of South Australia study have revealed that the rate of hospitalisation for warfarin-related bleeding was reduced by 79% for patients referred by their GP for a Home Medicines Review (HMR), compared to those patients who did not have a HMR. However the reduction in hospitalisation was only evident for six months, suggesting that six-monthly medication reviews may be required for patients on warfarin who are considered at high risk of bleeding, in order to maintain the educational benefits and to keep up with patients' treatment. Currently, HMRs may only be repeated within one year if there is a significant change to the patient's condition or medication regime.

If you have not already done so, why not consider a HMR for your patients who are on warfarin? To simplify the process, you could perform a search in your medical software in order to generate a list of those patients who may be at high-risk. In order to build upon the positive impact of the initial HMR, you could conduct a mini medication review in a separate consultation at six months, with a follow-up HMR being organised after one year, thus complying with the current HMR business rules.

To find out more about the process and benefits of HMRs, call Lorna Hurst on 9319 0555 or email lorna.hurst@fremantlegpnetwork.com.au, if you would like copies of the popular publication Living with Warfarin: Information for patients.

Guidelines for Managing Sexually Trans-mitted Infections

Since the first edition of the guidelines were printed in 1997, there have been a number of updates as new information has become available. The new edition is web-based and it has a user friendly interface that is searchable, contains the most up-to-date evidence-based practice and is complemented with a range of resources for patients and health professionals. For a newer version of the guidelines visit <http://silverbook.health.wa.gov.au>.

Kaleeya Maternity Unit Update

The next Kaleeya Maternity Unit GP Education program is scheduled for mid May from 7pm. This will be the first of three sessions in 2010. The topic for the evening will be teenage pregnancy. The presenters will be from the KEMH teenage pregnancy clinic team. Invitations will be circulated in mid to late April to all local surgeries.

All GPs are reminded that the Kaleeya Antenatal Unit routinely has 4-6 week wait until first appointment. Kaleeya prefers the first appointment to be at **16 weeks**. Women need to complete a booking form prior to gaining an appointment. This form can be downloaded from the Kaleeya website. In accordance with their policy, all women resident in the area with low risk pregnancies will be redirected by KEMH to Kaleeya for antenatal care.

Faxback Upcoming Events

Nurse - assisted chronic disease clinics

Part 1 - Motivating your patients

Tuesday, 20th April 2010

6.00 - 8.30pm

Fremantle GP Network

10 Silas Street, East Fremantle

YES, I would like to attend

Nurse - assisted chronic disease clinics

Part 2 - Practical aspects of running a clinic

Tuesday, 27th April 2010

6.00 - 8.30pm

Piney Lakes Environmental Centre

Between Murdoch Drive and Winthrop Drive

Off Leach Highway, Winthrop

YES, I would like to attend

Please place practice stamp or name here
for any of the above

A reminder of your meeting attendance will
be made 1 week prior to the event.

How would you like this reminder?

- Via email* _____
- Via SMS* _____
- Reminder not required

Facts on the swine flu

Protection against swine flu is included in the 2010 seasonal flu vaccine but supplies are primarily targeted at risk groups, including pregnant women, Aboriginal and Torres Strait Islander people aged 15 to 64 years, people aged six months to 64 years with chronic medical conditions such as cardiac disease and respiratory conditions and people aged 65 years and over.

The free Panvax®H1N1 will continue to be provided to all Australians six months and older during the 2010 flu season.

- **Fact 1:** 30% of Australians in intensive care with Swine flu in 2009 were healthy before getting virus.
- **Fact 2:** Over half the hospital admissions for swine flu in 2009 were under 35 years of age.
- **Fact 3:** More than a third of the Australians who died of swine flu in 2009 were healthy before getting the virus.
- **Fact 4:** Babies under 6 months can't be vaccinated against swine flu. To protect them parents should vaccinate themselves and others around them.

For more information visit, www.healthemergency.gov.au.

Intimate GP dinner invitation to discuss male prosthetic urology

Urologic Surgeons **Dr Jeffrey Thavaseelan** and **Dr Shane La Bianca** of Urology West, Murdoch, request the pleasure of your company for a GP Dinner to discuss everything you need to know about Male Prosthetic Urology.

Topics include:

Implantable penile prostheses, artificial urinary sphincters and mesh slings for the treatment of post prostatectomy complications such as erectile dysfunction and urinary incontinence.

Date: Tuesday 20th April 2010

Time: 7pm

Venue: Shun Fung on the River
Chinese Seafood Restaurant
Old Perth Port
Barrack Square Jetty (next to Bell Tower)

DUE TO LIMITED SEATS AVAILABLE IT IS REQUESTED THAT ONLY ONE GP PER PRACTICE ATTEND.

registration

NAME: _____

FROM: _____

TEL / MB: _____

EMAIL: _____

YES, I WOULD BE DELIGHTED TO ATTEND YOUR DINNER ON TUESDAY 20TH APRIL

NO, I AM UNABLE TO ATTEND BUT WOULD BE INTERESTED IN BEING CONTACTED TO ORGANISE OTHER OPPORTUNITIES

DIETARY REQUIREMENT _____

Proudly supported by **AMS**
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RSVP BY WEDNESDAY 14TH APRIL 2010

Via fax to (02) 9427 6296 or email AMSAustralia@ammd.com
For further information on the evening, please contact Trudi Franklin
of AMS on 0422 770 805



SIETE CORDIALMENTE INVITATI A PARTECIPARE
AD UN SEMINARIO EDUCATIVO SUL

Il Sonno e L'Invecchiamento

organizzato dal

ITALO-AUSTRALIAN WELFARE & CULTURAL CENTRE INC.
(Centro di Assistenza e Cultura Italo-Australiano)

in collaborazione con il

NATIONAL PRESCRIBING SERVICE (NPS)
(L'Ente nazionale che sostiene l'uso responsabile delle Medicine)

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L'obiettivo principale di questo seminario sarà di fornire informazioni
sui seguenti temi:

- ***Cos'è il sonno normale e cos'è un disturbo del sonno;***
- ***Quali sono gli effetti dei disturbi del sonno sulla salute;***
- ***Cosa sono le buone abitudini in materia di sonno;***
- ***Parlare con il medico e con il farmacista di fiducia delle medicine che potrebbero influire negativamente sul sonno;***
- ***Adottare buone abitudini in materia di sonno prima di ricorrere ai sonniferi.***

Presentatrice: Dr Moira Sim – Dottoressa in Medicina

Questo seminario verrà presentato in Italiano

Data:	<u>Mercoledì, 5 maggio 2010</u>
Orario:	10:30 am – 12:30 pm
Luogo:	Centro di Assistenza e Cultura Italo-Australiano 209 Fitzgerald Street, PERTH

Il numero dei partecipanti a questo seminario sarà limitato, pertanto per assicurarvi un posto, siete pregati di avvisare il Centro della vostra partecipazione telefonando al 9228 2220 entro lunedì 3 maggio 2010 durante l'orario d'ufficio.



YOU ARE INVITED TO PARTICIPATE IN A COMMUNITY SEMINAR

on

Sleep and Ageing

organised by the

ITALO-AUSTRALIAN WELFARE & CULTURAL CENTRE INC.

in collaboration with the

NATIONAL PRESCRIBING SERVICE (NPS)

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The aim of this seminar is to provide information on the following topics:

- ***What is normal sleep and what is problem sleep;***
- ***What are the health impacts related to sleep problems;***
- ***Talking to your doctor or pharmacist about medicines that may affect your sleep;***
- ***Using good sleep habits before considering sleep medicines.***

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Presenter: Dr Moira Sim – General Practitioner

This seminar will be presented in Italian

Date:	<u>Wednesday, 5 May 2010</u>
Time:	10:30 am – 12:30 pm
Luogo:	Italo-Australian Welfare & Cultural Centre Inc, 209 Fitzgerald Street, PERTH

*As the number of participants at this seminar will be limited, those interested in attending are asked to advise the Italo-Australian Welfare & Cultural Centre Inc of their attendance on 9228 2220 by **Monday, 3 May 2010.***